



Where only the best will do!

**A PERSONAL STATEMENT FROM RANDI HOSKING,
CO-OWNER OF INDIGO SALON & SPA**



In 2006 cancer rocked my world.

I noticed an odd lump on my breast while at the gym, so I went to the doctor and was diagnosed with breast cancer and in full treatment soon after. It's like one day your life is going in one direction and within one week your whole world had changed. I went from enjoying my life with my husband, children, family, friends, business partner, and co-workers, to fighting for my life. Because of

the aggressive nature of my cancer I ended up having a double mastectomy and a year and a half of chemo.

I am grateful for my village, whom I would not be here today if it wasn't for their support. As difficult as the experience is, it has become an incredible gift because I make the most, and cherish, each and every day even though I still now have metastatic breast cancer. Inspired by my mother to get involved in whatever way it felt good to me, is something I do each year. Every time I give back I feel closer to my mother and it helps keep her memory alive. I choose a few charities to raise money for and this October I am honored to be a sponsor of the American Cancer Society's MAKING STRIDES Walk For Breast Cancer. I ask you, my friends, my clients and those of you reading this newsletter, to give back in a way that makes it personal and authentic to you.

**I personally invite you to join
Indigo Salon & Spa at the**

**Making Strides Walk for Breast Cancer
on Sunday, October 18th in Balboa Park**



Register to be walk with Team Indigo or stop by our booth for a complimentary massage, skin hydration station (mistors and toners), on-the-go hairstyle or sunscreen application. For event details visit www.making_strides.acsevents.org

Spa

Complexion looking dull? See spots that daily products just can't tackle? Want to head into the holidays fresh faced and glowing? Ever considered a peel? We know, peels sound scary... but our custom blended PCA Peels are super effective and ultra-gentle! You'll never leave here red or scary looking, and we'll send you home with everything you'll need to stay hydrated and protected! And since it's the absolute BEST time of year to get into a Peel Series, PCA Peels are only \$65! (a 40% savings!)

About PCA Peels: Professionally applied peel solutions exfoliate dead skin cells and help healthy skin cells rise to the surface. These treatments allow deeper layers of fresh and untouched skin to be revealed. The result of monthly treatments can even skin tone, clear acne, improve the appearance of aging skin and make dull complexions glow. Peels are safe for all skin types, and PCA Certified Professionals are trained to identify what treatment combination is safe for each person's skin in order for patients to reap the greatest benefits. Professional peels are increasingly effective with pre- and post-treatment care, balancing your skin before the peel and nurturing it after the treatment.

Hair

L'Oréal Professionnel in-salon treatments are professionally formulated to repair, enhance, strengthen, nourish and protect depending on the needs of your hair. Each service is customized and individually prescribed specifically for you by your stylist to help return your hair to it's healthiest and most beautiful state!

East County chaparral isn't the only dry brush in San Diego this season! Dry air and high temps dry out hair to the point of kindling. Come in for an in-salon treatment to get your hair back to it's soft and silky self! Conditioning Treatments can be added on to any hair service for only \$20!

Indigo Fall Specials

**INDIGO SALON & SPA RAISE MONEY
TO COMBAT BREAST CANCER**

10% of Product Sales and Boutique Items will be donated to the American Cancer Society throughout the month of October

PCA PEELS for \$65 (save over 40%!)

Shorter days and less sun make fall the perfect time to transform your skin and brighten up for winter.. Start your series now and erase damage caused by the summer sun. You'll be glowing for the holidays!

SPA GIFT CERTIFICATE DUETS

Our Spa Duet Gift Certificates are the perfect way to cash in on some much needed relaxation time! These Duets come on individual gift cards, so treat someone you love, and treat yourself!

Any TWO one-hour spa services for \$130

Choose from 60min Swedish Massage or 60min Essential Facial
That's a savings of \$40!

Spa Duets never expire so buy a few for you and one for a friend!

ACUPUNCTURE Special

Complimentary 30 minute Massage added to your Acupuncture Treatment Calm your senses and balance your energy with a synergistic combination of acupuncture and massage. Begin with an acupuncture treatment to balance the body, relax the muscles, regulate sleep, and create a deep sense of peace and harmony and finish with a complimentary 30 minute massage!